



**Affiliated to: ASA, SE Swimming,
HCASA & MPAGB**

IMPORTANT MESSAGE FOR ALL MEMBERS/PARENTS ETC.

Clarification on entry to changing rooms/access to poolside/attending training sessions on time:

Access To Pools: Would all swimmers and parents please adhere to the following:

Winchester College:

Admission to changing rooms will normally be allowed 10 minutes prior to the start of the session (Tue & Thu 5.50pm) access to pool side and balcony will be allowed at 6.00pm, providing the previous user has left the poolside. It should be noted that Adults are not allowed in the changing rooms if they are being used by College Students or Students from other schools.

Admission to the changing rooms on a Friday will be allowed at 5.25pm. Access to poolside and balcony will be at 5.30pm, providing the College Students have finished training and a WCPSC coach is in attendance. The session will finish at 7.25, swimmers must be clear of the Pool Side by 7.27pm.

During the Summer Term the Friday PM session at Winchester College will run from 6.00 to 8.00pm, access as above but 30 minutes later. Swimmers, coaches etc must be clear of the poolside by 8.00pm.

Army Training Regiment Andover Road

This is the best training facility that the club has access to and is a very important asset to the club and one that we must ensure we always have use of.

As a military establishment we have no control over access and entry rules, these can be changed without notice and we must accept them.

Entry on Mon & Wed will be at 6.00pm, with the session starting at 6.30pm. It is suggested that swimmers/parents arrive at the ATR between 6.00 – 6.15pm. Swimmers should be poolside at 6.25. Swimmers will be strongly discouraged from arriving later than 6.35pm. For entry on Friday, admission will be from 5.45pm with the session starting at 6.00 – 8.00pm (or as soon as possible to this time.

Prior to training at the ATR swimmers must submit their personal details via the coaching staff to the ATR. These details must include:

Name, D of B, Address, Tel No. Also required are details of the parent/guardian accompanying the swimmer and details of car or cars that will be used (Make, Model, Colour and Registration Number). Siblings of swimmers attending training at the ATR will not be allowed entry and individual swimmers should be accompanied by 1 adult only.

Under NO circumstances whatsoever are swimmers to be left unattended inside or outside of ATR. A parent or other adult must supervise all those under 18; the coach is only responsible for the swimmer(s) whilst they are poolside.

All parents/swimmers MUST obey all instructions given by the staff of ATR. They must also obey all driving and parking restrictions. Drivers under the age of 18 will not be allowed access to ATR, however there is off road parking available close to the main gate, the security staff can advise the location.

Parents are asked to lift share to limit cars that enter ATR to DROP OFF/PICK UP and ferry swimmers to/from the pool, environmentally friendly and less work for Security Staff.

All parents/swimmers MUST obey all instructions (without question) given by members of the staff of ATR. They must also obey all driving and parking restrictions. Please note the access road from

the main gate to the car park has a speed limit of 15mph. During hours of darkness cars must approach the gate with SIDE LIGHTS ONLY.

In the unlikely event of any swimmer/parent abusing the use of this facility they will have the offer of training at ATR removed with immediate effect.

Kings School:

Entry not prior to 10 minutes prior to the start of the session. Swimmers are allowed poolside 5 minutes prior to the start of session, providing the coach is in attendance.

River Park:

All swimmers attending RP for early morning training on Tue & Thu am MUST enter the building at 6.00am. The staff will open the door at this time and immediately close once swimmers have entered, this will be not later than 6.05am. They will not re-open the doors until 6.30am for admission of the general public. This restriction was placed upon us with our agreement thus allowing a longer training session for these two mornings.

Failure to abide by the requests of any of our pool providers and failure to respect other users could jeopardize the use of our facilities. Swimmers/Parents Please do not put our pool time in danger.

Swimmers are also warned not to leave any items of value unattended in the changing rooms of any pool.

Swimmers arriving late for sessions

Swimmers are strongly discouraged from arriving late to any training session. The club rules state that, "Swimmers should be ready to swim 5 minutes prior to the start of their session and carry out appropriate land warm-up". The coach should assess each and every situation and, if possible, the swimmer will be allowed to train. If, in the opinion of the coach, the late arrival of a swimmer will impact upon the session in progress, or be disruptive to the remainder of the squad, the swimmer will not be allowed to swim.

The swimmer will be asked to remain poolside until the end of the session unless the parent(s) are still present, in which case they may take the swimmer home.

**Stewart for
(Kevin Terry Head Coach)**

Revised October 2011